



Answering the “Tell me about Yourself Question”

The “Tell me about yourself question” is a common interview question that can be difficult for many candidates to answer.

You have made it to the first interview and are prepared to answer any technical and/or behavioural questions the hiring manager might ask. Unfortunately the interviewer begins the meeting with the dreaded question “Tell me about yourself?” This question is dreaded by the majority of interviewees and many do not know how to answer it correctly. This question is meant to be an ice breaker for the meeting although it generally begins creates an uncomfortable start point for the interview.

Here are three simple steps to prepare for the “Tell me about yourself question”

Three steps to answering the question

1. One sentence summary of your career thus far (A senior supply chain specialist with over 15 years experience in the retail industry)
2. Two sentences that discuss a compelling accomplishment in your career (Outline what the accomplishment and the bottom line impact it had on the organization)
3. One sentence summary that states what you would like to do next in your career.

A well thought out and prepared answer to this question can direct the interview down the right path. Spend the time to prepare this question and ensure you practice your answer in front of the mirror so you are relaxed during your meeting and present yourself in a professional and prepared manner. You’ll be more likely to make the right impression and move forward to the next stage of the hiring process.